



God — or rather, He found me — and I surrendered to a greater plan. From that moment on, I knew I was meant to create a sanctuary for healing, guided not just by medicine, but by divine purpose. What started as a small practice has now expanded nearly fivefold. Today, our 3,000 square-foot facility in Orange County features 10 treatment rooms, a luxury wellness boutique, and a team that operates with excellence, integrity, and heart. But more than the growth in square footage, I've grown in every area of my life — spiritually, emotionally, professionally — through this work. We offer a full spectrum of healing modalities: acupuncture, bodywork, Chinese herbal medicine, facials, PEMF therapy, infrared sauna, energy healing, spiritual alignment, and trauma release. Yet what truly sets our center apart is its frequency. It's sacred ground. When people walk through our doors, they often gasp — not just from the beauty of the decor, but from the palpable presence of peace and divine energy. It's a place where people don't just get better — they come home to themselves. And I thank God every day for choosing me to steward this space.

Del Wayne:
List some of your biggest challenges thus far.

ANGELA KUNG:

Where do I begin? My greatest accomplishments have not come from what I've built — but from what I've overcome. I've healed from severe depression, anxiety, panic attacks, and even a diagnosis of bipolar disorder. I've faced multiple layers of trauma — physical, emotional, and spiritual.



One of the hardest losses was the end of my professional figure skating career due to injury and trauma. It felt like I lost my identity, my joy, and my future all at once. I grieved deeply, believing that the vibrant version of myself had died with it. There were years when I struggled with excruciating physical pain, insomnia, chronic fatigue, digestive issues, and an overtaxed nervous system. And yet, in the midst of all that, I was building a wellness center from scratch — with no business background, no outside help, and no safety net. Just faith, grit, and a calling that refused to let me quit. I've had to unlearn the version of success my ego clung to, and embrace a new version of power — the kind that's rooted in peace, purpose, and spiritual surrender. Joining the Mrs. Asia USA pageant was another challenge that required me to step fully into visibility, vulnerability, and faith. I knew it was a divine assignment, and it stretched me in ways I didn't expect



— mentally, emotionally, spiritually, and physically. I've had to rewire my brain, redesign my body, and reclaim my life. I've navigated tough relationships, challenging dynamics with staff and family, and faced situations I never imagined. But through it all, I've come out stronger, wiser, more self-loving, and more connected to God than ever. Sometimes I still have to pinch myself. Not just because I'm surviving — but because I'm truly thriving. And every challenge has become part of the medicine I now offer to others.

Del Wayne:
List some things you are most proud of.

ANGELA KUNG:

I'm most proud of who I am today — not just what I've achieved, but how I've rebuilt myself on every level: physically, emotionally, mentally, and spiritually. I'm proud that I now live fully embodied — no longer spiritually disconnected or floating outside of myself in order to survive trauma, but grounded, present, and fully alive in my truth. I've overcome fear, rewired my thinking, and now dream boldly, with clarity and peace. I'm proud that I believe in myself — truly, deeply — and that I know my gifts are real, powerful, and divinely given. I live aligned with God's will, and my relationship with Him is my greatest treasure. I no longer live in fear or regret. I live in joy and trust. I'm incredibly proud of the miracles I've witnessed through my work — spontaneous healing from seizures, food allergies, cancer, and countless conditions that even lacked a diagnosis. I'm proud to be a vessel of divine healing, with the



strength, will, and humility to serve others with my whole being. I'm proud of becoming a physician who patients trust deeply — who they call an angel, or even ask themselves, "What would Angela do?" That kind of impact tells me they found true healing through me, and that makes everything worth it. I'm proud of becoming a loyal wife and of how I was emotionally and spiritually present for my mother in her final days — something that will always live in my heart. I'm proud of my wellness center, built from faith, sweat, and love, and of the sacred, peaceful culture we've cultivated there. My team is extraordinary — a true family grounded in respect and purpose. I'm proud of rising from my darkest seasons — a phoenix from the ashes — into a woman who thrives, leads, and inspires. I'm proud to be featured in Pillars of Power, and to have stepped into executive producer and co-director roles for Rise of the Lioness. I'm proud of becoming a #1 Best Selling Author of Your Amazing Itty Bitty True Healing Book — 15 Ways to Approach Your Best Health, a book that empowers others to reclaim their well-being. And of course, I'm honored to hold the title of Mrs. Asia USA. I'm proud of my heritage and family legacy. I'm proud of every ounce of schooling, every spiritual lesson, every challenge I've had to master to become who I am. But most of all, I'm proud that I never gave up — not on myself, not on others, and not on my purpose. And now, I get to help and inspire the world, every single day.

Del Wayne:
Are rising prices, high inflation, and high interest rates affecting your business in 2025? And how have you overcome these challenges?



ANGELA KUNG:

While economic shifts like inflation, rising prices, and high interest rates have impacted many, I choose not to see them as obstacles — but as opportunities for alignment, creativity, and trust. I refuse to operate from fear or scarcity. My belief is simple: All things are possible with God. To focus on the problem gives it power. Instead, I see it as change — and change is the only true constant we can count on. When one door seems to close, another always opens. If one client can't come, someone else is divinely sent. That's the rhythm I've seen time and time again. I operate from a place of faith, not fear. I've trained my mind and spirit to always look for the solution, and it always appears. That mindset has kept my business not just steady — but thriving — even in uncertain



times. There's always a way, always a breakthrough, and always a blessing waiting when you walk in alignment with your higher purpose.

Del Wayne:
Tell us one of your business plans for the remainder of 2025.

ANGELA KUNG:

One of my biggest goals for the remainder of 2025 is to scale our impact by optimizing our systems, increasing strategic delegation, and expanding our reach through digital platforms. We're refining operations behind the scenes so our in-person and virtual care can reach more people — with greater ease, flow, and excellence. Because my healing work can be done remotely — and I currently see patients from all over the world via Zoom and even phone sessions — I'm launching an online course to help expand access to transformational tools and teachings. This will allow more people to experience the healing power of what we offer, no matter where they are in the world. Of course, nothing compares to visiting our sacred space in Mission Viejo, a